



# SHARING STORIES OF HOPE, RESILIENCE AND RECOVERY AFTER STROKE

## COMMUNITY STORY TELLING WORKSHOP 3

### Are you a stroke survivor with a story to share?

Everyone has personal stories worth sharing! Ex Fabula and the Stroke Rehabilitation Center of Southeastern Wisconsin at the Medical College of Wisconsin invite you to discover, shape and share your stories about hope and resiliency during recovery from stroke. At this workshop, you will be guided by Ex Fabula coach Karen Kolberg - who is also a stroke survivor - through a series of interactive activities (all in a low-pressure setting). Working in small groups, you'll learn effective storytelling skills, connect with other storytellers, and let your voice be heard. Individuals with difficulty speaking are welcome and encouraged to attend.



THE STROKE  
REHABILITATION  
CENTER  
OF SOUTHEASTERN WISCONSIN



Story. Stage. You.  
**EX Fabula**



**LOCATION:**  
CAFÉ EL SOL  
UNITED COMMUNITY  
CENTER 1028 S. 9<sup>TH</sup> ST.  
MILWAUKEE, WI 53204

**DATE:**  
NOVEMBER 8, 2019

**TIME:**  
12 PM – 3 PM  
REGISTRATION BEGINS  
AT 11:30 AM

**CONTACT MORIAH  
IVERSON FOR MORE  
INFORMATION:**  
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(414) 955-1909

**PLEASE RSVP:**  
[https://  
strokesurvivorstorytelling3.  
eventbrite.com](https://strokesurvivorstorytelling3.eventbrite.com)  
Refreshments will be served  
Free and accessible parking!